

Long Course Records- Boys	50FC	100FC	200FC	400FC	800FC	1500FC	50BrS	100BrS	200BrS
9 YRS	Mike Capstick 35.98 17/04/2005	Mike Capstick 1.25.65 08/01/2005	Jacob Greenow 2.44.12 06/12/2008	Mike Capstick 6.12.57 17/04/2005	NT	NT	Mike Capstick 48.4 07/11/2004	Mike Capstick 1.47.06 17/04/2005	Jacob Greenow 3.26.86 06/12/2008
10 YRS	Mike Capstick 32.29 23/04/2006	Mike Capstick 1.09.78 17/06/2006	Mike Capstick 2.29.10 11/06/2006	Mike Capstick 5.13.97 18/06/2006	NT	NT	Will Flay 44.26 28/01/2007	Mike Capstick 1.29.43 10/06/2006	Mike Capstick 3.08.73 18/06/2006
11 YRS	Will Flay 31/01/1900 11/05/2008	Mike Capstick 1.06.69 16/06/2007	Mike Capstick 2.26.60 10/06/2007	Mike Capstick 5.05.30 17/06/2007	NT	NT	Mike Capstick 39.56 22/04/2007	Mike Capstick 1.27.11 09/06/2007	Mike Capstick 3.02.55 17/06/2007
12 YRS	James Prole 28.46 23/04/2006	James Prole 59.47 27/07/2006	James Prole 2.10.73 30/07/2006	James Prole 4.42.53 18/06/2006	Connor Banks 10.38.95 09/02/2008	James Prole 18.41.21 29/07/2006	Chris Walsh 41.44 24/05/2003	Mike Capstick 1.21.07 07/06/2008	Mike Capstick 2.58.18 15/06/2008
13 Yrs	James Prole 27.1 19/05/2007	James Prole 56.72 25/07/2007	James Prole 2.05.44 10/06/2007	James Prole 4.29.37 20/05/2007	James Prole 9.36.39 06/01/2007	James Prole 18.10.53 09/06/2007	Mike Capstick 36.63 06/12/2008	Mike Capstick 1.16.10 10/06/2007	Mike Capstick 2.43.08 06/06/2009
14Yrs	James Prole 26.18 17/05/2008	James Prole 56.27 14/06/2008	James Prole 2.03.31 08/06/2008	James Prole 4.27.70 12/01/2008	James Prole 9.24.42 19/01/2008	James Prole 17.52.00 09/02/2008	Jake O'Day 34.82 18/04/2009	Chris Walsh 1.15.55 04/06/2005	Steven Minter 2.45.24 14/01/2006
15Yrs	Joe Marsh 25.31 05/08/2006	James Prole 54.9 29/07/2009	James Prole 1.58.56 31/07/2009	James Prole 4.16.74 02/05/2009	Joe Marsh 9.41.06 14/01/2006	James Prole 18.01.93 01/02/2009	Joe Marsh 34.31 29/04/2006	Craig Rychlewski 1.13.38 22/04/2007	Craig Rychlewski 2.43.72 27/01/2007
16Yrs	Joe Marsh 24.98 31/07/2007	Joe Marsh 55.4 31/03/2007	Joe Marsh 2.04.43 06/05/2007	Tristan vearncombe 4.28.38 05/05/2007		NT	Chris Walsh 32.59 07/05/2007	Chris Walsh 1.14.55 05/05/2007	Steven Minter 2.37.35 06/05/2007
17Yrs	Jack Chaffey 25.13 11/01/2009	Jack Chaffey 55.14 10/01/2009	Ashley Vearncomb 2.01.89 06/05/2007	Ashley Vearncombe 4.18.94 05/05/2007		Steven Minter 18.55.36 05/12/2008	Chris Walsh 32.56 24/11/2007	Steven Minter 1.12.36 11/05/2008	Steven Minter 2.38.21 04/05/2008
18Yrs	Joe Marsh 25.29 04/05/2009	Joe Marsh 55.52 18/04/2009	Steven Minter 2.07.68 03/05/2009	NT		NT	Steven Minter 34.58 04/05/2009	Steven Minter 1.12.68 02/05/2009	Steven Minter 2.36.27 03/05/2009

50Fly	100FLY	200FLY	50BC	100BC	200BC	200IM	400IM
Jacob Greenow 43.66 12/04/2008	NT	Jacob Greenow 3.10.31 07/12/2008	Jacob Greenow 43.25 12/04/2008	Mike Capstick 1.33.78 17/04/2005	Jacob Greenow 3.00.78 07/12/2008	Mike Capstick 3.14.33 16/04/2005	Mike Capstick 7.13.39 08/01/2005
Jacob Greenow 38.27 19/04/2009	Jacob Greenow 1.20.19 14/06/2009	Jacob Greenow 2.59.15 07/06/2009	Jacob Greenow 39.42 11/01/2009	Mike Capstick 1.19.65 11/06/2006	Mike Capstick 2.45.95 17/06/2006	Mike Capstick 2.52.79 07/06/2009	Mike Capstick 6.05.37 11/06/2006
Will Flay 36.21 11/05/2008	Will Flay 1.30.31 13/04/2008	NT	Mike Capstick 34.84 22/04/2007	Mike Capstick 1.16.10 10/06/2007	Mike Capstick 2.40.62 16/06/2007	Mike Capstick 2.44.15 16/06/2007	Mathew Capstick 08/01/2005 6.55.09
Joe Marsh 0.35.00 24/05/2003	James Prole 1.10.92 28/07/2006	James Prole 2.40.38 10/06/2006	Joe Marsh 0.36.00 27/01/2007	Mike Capstick 1.13.93 17/05/2008	Mike Capstick 2.40.41 14/06/2008	James Prole 2.31.13 27/07/2006	James Prole 5.25.82 30/07/2006
Nick Constable 30.37 14/12/2007	James Prole 1.02.48 17/06/2007	James Prole 2.24.59 23/07/2007	Mike Capstick 33.32 11/01/2009	Nick Constable 1.09.20 12/01/2008	James Prole 2.29.38 16/06/2007	James Prole 2.25.99 16/06/2007	James Prole 5.06.57 24/07/2007
James Prole 28.22 19/04/2008	James Prole 1.01.80 11/05/2008	James Prole 2.21.70 07/06/2008	Nick Constable 31.7 06/12/2008	Nick Constable 1.06.26 06/12/2008	Nick Constable 2.25.12 07/12/2008	James Prole 2.21.83 14/06/2008	James Prole 5.08.91 17/05/2008
James Prole 27.62 10/01/2009	James Prole 1.00.27 01/08/2009	Howard Hollis 2.31.97 18/04/2009	James Prole 30.93 11/01/2009	Nick Constable 1.04.09 02/05/2009	Nick Constable 2.18.07 01/08/2009	James Prole 2.21.79 18/04/2009	Nick Constable 5.11.41 04/05/2009
Joe Marsh 26.27 28/07/2007	Joe Marsh 57.46 31/07/2007	Steven Minter 2.30.64 31/05/2003	Joe Marsh 29.78 31/03/2007	Joe Marsh 1.03.38 19/05/2007	Joe Marsh 2.19.63 20/05/2007	Joe Marsh 2.19.28 19/05/2007	Steven Minter 5.01.49 07/05/2007
Joe Marsh 26.82 14/12/2007	Joe Marsh 57.7 24/11/2007	NT	Joe Marsh 30.48 04/05/2008	shley Vearncomb 1.03.59 22/04/2007	shley Vearncomb 2.15.52 20/05/2007	Joe Marsh 2.18.91 11/05/2008	Steven Minter 5.04.12 17/05/2008
Jack Chaffey 27.97 27/11/2005	Joe Marsh 59.76 04/05/2009	NT	Tom Beach 31.41 27/11/2005	shley Vearncomb 1.04.65 03/05/2008	shley Vearncomb 2.19.39 25/11/2007	Steven Minter 2.20.03 02/05/2009	Steven Minter 5.04.56 04/05/2009