

TAUNTON DEANE SWIMMING

Affiliated to Somerset and South West Region ASA
www.tdswim.co.uk

Present their

2010 EASTER, LONG COURSE, OPEN MEET

(Held under the ASA Laws and Technical Rules)

Level 1 (ISW0016)

Giving qualification to National and Area competitions.

17th & 18th April at Millfield, Somerset 50m pool

50m, 8-lane pool, anti-turbulence lane ropes with electronic timing.
Computer run pre-seeded programme and fast results service. Good spectator and team seating.
large score board. Cafeteria facilities, Swimshop.

Programme planned to enable and encourage swimmers to swim many different events.
Saturday two sessions, Sunday two sessions. Competition start 9.30am finish 19.00pm.

<p>50m Open all strokes 100m Open all strokes (age 10 and over girls and boys) 200m Open all strokes including IM 400m Free and 400IM 800m Free 1500 Free</p> <p>All events have age- grouped awards with Heat Declared Winners (HDW) All events have qualifying times</p>

Ages on 18th April 2010.

Awards will be age grouped 10years &under, 11, 12, 13, 14, 15, 16&over.

Awards to Top overall Boy and Top overall Girl swimmer and Top Visiting Club Award
based on a 1st to 5th place points system over all events.

Club information pack details can be obtained on www.tdswim.co.uk
or email: tdswim.meet@gmail.com stating which club you are applying for.

Closing date for entries Monday 15th March 2010

PROGRAMME OF EVENTS TDS OPEN MEET17th and 18th April 2010**Day 1 Sat****Warm up****Start**

	Event	08.30	M/F	Event	
Session 1	11	400m	F	Freestyle	HDW
	12	200m	M	I M	HDW
	13	100m	F	Breast	HDW
	14	200m	M	Free	HDW
	15	200m	F	Back	HDW
	16	100m	M	Fly	HDW
	17	50m	F	Free	HDW
	18	50m	M	Back	HDW
	19	800m	Mixed	Free	HDW

Warm up**Start**

		14.15			
		15.15			
Session 2	21	400m	M	IM	HDW
	22	200m	F	Breast	HDW
	23	100m	M	Free	HDW
	24	100m	F	Back	HDW
	25	200m	M	Fly	HDW
	26	50m	F	Fly	HDW
	27	50m	M	Breast	HDW

DAY 2 Sun**Warm up****Session start**

		08.30			
		09.30			
Session 3	31	400m	M	Free	HDW
	32	200m	F	IM	HDW
	33	100m	M	Breast	HDW
	34	200m	F	Free	HDW
	35	200m	M	Back	HDW
	36	100m	F	Fly	HDW
	37	50m	M	Free	HDW
	38	50m	F	Back	HDW
	39	1500m	Mixed	Free	HDW

Warm up**Session start**

		14.15			
		15.15			
Session 4	41	400m	F	IM	HDW
	42	200m	M	Breast	HDW
	43	100m	F	Free	HDW
	44	100m	M	Back	HDW
	45	200m	F	Fly	HDW
	46	50m	B	Fly	HDW
	47	50m	F	Breast	HDW

Taunton Deane Level 1 Open Meet – 17/18 April 2010

to be held at Millfield School, Street, Somerset

all times are 50m pool times

MENS	SC	10 yrs + under * see note	11yrs	12yrs	13yrs	14yrs	15yrs	16+yrs
No slower than	50m Free	39.00	37.00	34.90	33.00	31.33	29.17	28.70
No slower than	100m Free	1:24.80	1:18.80	1:13.70	1:09.80	1:06.90	1:04.40	1:02.60
No slower than	200m Free	3:03.60	2:51.30	2:40.80	2:32.60	2:25.60	2:20.70	2:16.30
No slower than	400m Free	6:26.40	5:56.00	5:38.10	5:21.80	5:07.00	4:57.60	4:49.10
No slower than	50m Breast	51.60	48.20	44.60	41.80	39.70	37.80	36.80
No slower than	100m Breast	1:50.70	1:41.50	1:34.70	1:28.80	1:24.60	1:21.40	1:18.90
No slower than	200m Breast	3:57.20	3:39.10	3:25.20	3:12.50	3:02.50	2:55.40	2:51.60
No slower than	50m Fly	43.50	40.80	38.10	35.90	34.00	32.20	31.40
No slower than	100 Fly	1:35.80	1:27.70	1:21.50	1:16.80	1:12.80	1:09.80	1:07.80
No slower than	200m Fly	3:32.30	3:12.50	2:59.90	2:49.90	2:40.90	2:34.40	2:30.40
No slower than	50m Back	46.00	43.20	40.50	38.20	36.1	34.50	33.50
No slower than	100m Back	1:36.90	1:29.80	1:24.10	1:19.20	1:15.00	1:12.20	1:10.30
No slower than	200m Back	3:25.80	3:12.00	3:00.70	2:50.30	2:42.30	2:36.00	2:31.40
No slower than	200 IM	3:29.60	3:14.30	3:02.80	2:52.70	2:44.80	2:38.40	2:33.90
No slower than	400 IM	7:26.30	6:50.80	6:26.70	6:06.40	5:49.30	5:36.20	5:27.60
No slower than	800m Free	13:39.30	12:44.60	11:47.10	11:12.80	10:42.50	10:21.80	10:05.00
No slower than	1500m Free	26:08.90	24:44.70	22:20.50	21:16.60	20:19.00	19:37.10	19:07.70

*** Note: 100m events are open to age 10 and over girls and boys only**

Taunton Deane Level 1 Open Meet – 17/18 April 2010

to be held at Millfield School, Street, Somerset

all times are 50m pool times

WOMENS	SC	10yrs +under * see note	11yrs	12yrs	13yrs	14yrs	15yrs	16+yrs
No slower than	50m Free	39.80	37.30	35.40	34.00	32.90	32.20	31.90
No slower than	100m Free	1:26.20	1:19.30	1:15.20	1:12.70	1:10.70	1:09.60	1:08.80
No slower than	200m Free	3:04.40	2:51.30	2:42.50	2:36.20	2:32.10	2:29.10	2:27.50
No slower than	400m Free	6:27.40	5:56.40	5:38.80	5:26.30	5:18.00	5:12.80	5:09.20
No slower than	50m Breast	51.20	47.80	45.00	43.1	41.50	40.60	40.10
No slower than	100m Breast	1:50.30	1:41.60	1:35.20	1:30.80	1:28.50	1:27.50	1:26.10
No slower than	200m Breast	3:55.50	3:36.60	3:24.90	3:15.50	3:09.50	3:06.70	3:05.80
No slower than	50m Fly	44.00	40.70	38.6	36.70	35.70	34.80	34.20
No slower than	100m Fly	1:37.10	1:27.90	1:22.60	1:19.10	1:17.20	1:15.50	1:14.80
No slower than	200m Fly	3:34.60	3:12.60	3:01.70	2:53.50	2:48.00	2:45.70	2:43.30
No slower than	50m Back	46.00	43.10	40.90	39.40	38.00	37.00	36.60
No slower than	100m Back	1:37.50	1:29.90	1:24.50	1:21.70	1:19.60	1:17.90	1:17.10
No slower than	200m Back	3:26.30	3:11.00	3:00.60	2:54.30	2:49.80	2:45.80	2:43.90
No slower than	200m IM	3:29.60	3:14.30	3:03.30	2:56.80	2:52.30	2:48.90	2:46.90
No slower than	400m IM	7:26.20	6:47.30	6:24.90	6:10.60	6:02.00	5:55.20	5:50.80
No slower than	800m Free	13:17.40	12:19.60	11:39.00	11:10.80	10:56.00	10:45.50	10:36.00
No slower than	1500m Free	25:29.40	23:38.60	22:25.80	21:30.40	21:00.80	20:43.10	20:22.90

*** Note: 100m events are open to age 10 and over girls and boys only**

TAUNTON DEANE OPEN MEET 2010

CONDITIONS

17th and 18th April MILLFIELD 50M POOL

- 1 The meet will be held under ASA law and technical rules and has been licensed by the South West District ASA for entry into National and Area Championships and Competitions.
- 2 All competitors must be members of an affiliated club, eligible to compete and registered in accordance with ASA laws and technical rules and may enter in the name of one club only.
- 3 The promoter (Taunton Deane Swimming) reserves the right to reject any entry without giving a reason. By submitting entries on the official entry forms and discs, clubs and competitors accept the rules of this competition. Competitors whose entries are accepted and subsequently found to have been entered in the wrong event(s) a) because of incorrect entry information will be withdrawn from the event(s) and will not have their entry fees refunded. However, b) because of error by the organizer, will be withdrawn from the event(s) and will at the organizer's discretion and without further obligation or liability by the organizer either a) be entered in the correct event or b) receive a refund of the relevant entry fee(s).
- 4 The pool is 50m and the competition will be swum **long course**. Anti-wave devices will be in place and electronic timing/placing will be used wherever possible. The organizer reserves the right to ban the use of gas hooters, klaxons etc., which in the organizers opinion, could be a hazard or a danger to swimmers, officials or spectators.
- 5 **Entries with Long Course times** should be made via Hy-Tek team manager and e-mailed to tdswim.meet@gmail.com. Printout of Hy-Tek entry file (or clerical entry form if applicable) and payment form should reach the Meet Secretary by **15th March 2010**. The entry fee is **£5.00** per event. Coach passes are **£10.00** each. Weekend Event programme **£4.00**, **adult spectator entry fee (daily) £4.00 or £6.00 for weekend entry**. Cheques should be made payable to Taunton Deane Swimming. Entry information will be sent to Club Secretaries, via email, on receipt of entries and correct fees.
- 6 The acceptance of competitors will be based on times submitted so it is essential that only times achieved or realistic times be entered. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. **There are lower qualifying times on all events which are set at the ASA minimum qualifying times for Level 1 Long Course Meet (ASA recommended grade A level).**
- 7 **If the event is oversubscribed, and in order to keep each session within the appropriate time period, the slowest entries from each age group will be rejected.** As soon as possible after the closing date, club list sheets will be emailed to club secretary for accepted entries, together with any information in respect of entries not accepted. All refunds will be made 'en block' to the club submitting the entries, these will be sent by post or available for collection by Clubs on the day. There will be no refunds for withdrawals after the closing date.
- 8 All events are being swum as open age, however awards will be age grouped. **Ages will be as at 18th April 2010** Swim Meet entries may be managed by computer. By submitting entries, consent is thereby given, as required under the data Protection Act of 1984, to the holding of personal information on a computer. Personal data, including submitted and recorded times, may be made public during the meet.
- 9 Under ASA child protection laws all spectators wishing to use cameras must register with the door admission staff.
- 10 The one start rule will be in operation during this event.
- 11 The meet will be run without cards. Heats will be pre seeded. **Swimmers do not need to sign in.** The organizers reserve the right to amend the running order of the events and to add non-scoring swimmers at their sole discretion should it become necessary.
- 12 All events will be **HDW**. Entries will be seeded into heats from submitted times, these will be seeded before the event, where swimmers have withdrawn the lane will be left empty. Slowest heats will be swum first. All heats will be placed in 'spearhead' formation.
- 13 Competitors must report to the stewards 2 events prior to their event.
- 14 There will be medals in every event for the first three overall swimmers in each age group. Any disqualified finalist will not receive awards. Awards will be made to the top boy and top girl swimmer using a points system based on swimmers achieving 1st to 5th places in each event. An award will be presented to the Top Visiting club and will be calculated using the same points system.
- 15 Only swimmers reporting for their event and appointed officials are allowed on poolside during the competition. During warm-ups only coaches holding the valid Meet pass will be allowed on poolside. Wet swimmers are not allowed in spectator areas.
- 16 There is limited parking adjacent to the Pool complex, this is for officials only. Sufficient parking will be available at the North Road Car Park.
- 17 The promoter reserves the right to make any alterations to these conditions if necessary and all participants will be notified. Any matter not covered by these conditions or by ASA laws or technical rules will be at the promoter's discretion.
- 18 Any swimmer breaking these conditions will be liable to disqualification from any or all events.

Taunton Deane Swimming
Easter Long Course Level 1 Open Meet 2010
CLERICAL ENTRY FORM

Name _____ Club _____

Male / Female Date of Birth _____ Age at 18.04.10 _____ ASA Member ID _____

Saturday

Session 1		
Sex	Event	Entry Time (LC)
Female	400m Freestyle	
Male	200m Individual Medley	
Female	100m Breaststroke	
Male	200m Freestyle	
Female	200m Backstroke	
Male	100m Fly	
Female	50m Freestyle	
Male	50m Backstroke	
Mixed	800m Freestyle	
Session 2		
Male	400m Individual Medley	
Female	200m Breaststroke	
Male	100m Freestyle	
Female	100m Backstroke	
Male	200m Fly	
Female	50m Fly	
Male	50m Breaststroke	

Sunday

Session 3		
Sex	Event	Entry Time (LC)
Male	400m Freestyle	
Female	200m Individual Medley	
Male	100m Breaststroke	
Female	200m Freestyle	
Male	200m Backstroke	
Female	100m Fly	
Male	50m Freestyle	
Female	50m Backstroke	
Mixed	1500m Freestyle	
Session 4		
Female	400m Individual Medley	
Male	200m Breaststroke	
Female	100m Freestyle	
Male	100m Backstroke	
Female	200m Fly	
Male	50m Fly	
Female	50m Breaststroke	

Total number of entries @ £5.00 / event = No: _____ Total £'s: _____

Note: This form should be completed for each individual swimmer where Hy-Tek files are not available and less than 5 swimmers are being entered. Entry forms should be sent with a completed payment form as per the payment form instruction.

Taunton Deane Swimming
Easter Long Course Level 1 Open Meet 2010
Payment Form

CLUB	
CONTACT ADDRESS	
TEL: NO:	
E-MAIL	

Total Number of Swimmer Entries _____

Total Cost of Entries @ £5.00 each _____

Coaches Passes Number _____

Total Cost of Coaches Passes @ £10.00 each _____

Total Cheque enclosed _____

(All Cheques should be made payable to 'Taunton Deane Swimming')

Please e-mail completed form and Hy-Tek files (or clerical entry forms where less than five swimmers are being entered and Hy-Tek files are not available) to tdswim.meet@gmail.com

Hard copy with payment and Printout of Hy-Tek entry file (or clerical entry forms if applicable) should be sent to:

Mrs Mary Humphries
Greenways
Greenway Lane
Wiveliscombe
Somerset
TA4 2UX